

# MORE MONEY FOR THE SICK BABIES

Generous Children Help Along The Evening World Fund by Entertainments.

## THE SUBSCRIPTIONS.

Previously acknowledged \$10.88  
 Jennie and Frank Cunningham, Irene Kennedy, Grace and May Furey, Florence Saunders, Mabel Sheldon, Esther Bridgman, Maria Hight, Arthur Whittier and Eddie Holtz, 12.50  
 Leo and Royal Levy, Alice Borchardt, Mabel Tipping and Ruth Smith, 10.00  
 Helen, Eva and Ada Harfield, Lulu and Annette Wigham, 3.06  
 Arthur Jacob, Simon Scherer, Isador Kahn, Jessie Roberts, 2.50  
 Baby Edna, 1.50  
 Nils Holand, A. Lowenstein, .20  
 Mamie Watson and Pauline Wiley, .20

## MASTER LEO LEVY.

The big-hearted boy and girls who have done such great work in past years in helping along The Evening World Sick Babies' Fund are again busy.

By stands, fairs and other entertainments they are raising money to increase the scope of the fund's grand life-saving crusade. The following letter has been received from Master Leo Levy, a wide-awake benefactor of the sick babies:

I have had a stand on Fifty-eighth street, by having others to help me raised the sum of \$10, which I hope will do good to some poor children.

Leo Levy, No. 328 E. 58th st.  
 Royal Levy, No. 328 E. 58th st.  
 Alice Borchardt, No. 328 E. 58th st.  
 Mabel Tipping, No. 328 E. 58th st.  
 Ruth Smith, No. 328 E. 58th st.

A photograph of this bright young man is printed here.

A group of State street, Brooklyn, children celebrated July 4 by raising \$12.50 for the fund. For boys and girls to pause in Fourth of July festivities to think of the suffering of others implies no little self-sacrifice. The names of these State street helpers are Jennie and Frank Cunningham, Irene Kennedy, Grace and May Furey, Florence Saunders, Mabel Sheldon, Esther Bridgman, Maria Hight, Arthur Whittier and Eddie Holtz, Marie Tickett and Arthur Whittier.

There is need for all the contributions that can be sent in, for the not spell brings untold misery and illness to the children of the tenements.

Contributions should be addressed to the Cashier of The World, Pulitzer Building, New York City.

From "Baby Edna."

Inclosed please find \$1 for the Sick Babies' Fund.

A Kind Hope.

Inclosed please find \$1.00, which we have collected for the sick babies, and we sincerely hope it will do them good.

Helen M. G. Harfield, Annette Wichmann, Ada Harfield, Marie Tickett, Lulu Wigham, No. 213 W. 116th st., N. Y.

From Three Boys and a Girl.

Inclosed please find the small sum of \$2.50, which we have gathered together.

Arthur Jacob, No. 156 E. 79th st.  
 Simon Scherer, No. 156 E. 79th st.  
 Isador Kahn, No. 174 E. 79th st.  
 Jessie Roberts, No. 160 E. 79th st.

For "Gimme Some Willing Workers."

Inclosed please find 20 cents collected by willing workers. Hoping it will do some poor baby good.

Mamie Wiley, Pauline Wiley, Nos. 61-63 W. 114th st.

KING REGAINING HEALTH STEADILY.

British Medical Journals Denounce as Lies Stories of Malignant Disease—Operation Wound Is Healing.

LONDON, July 10.—The bulletin on King Edward's condition posted at Buckingham Palace at 10 o'clock this morning says:

"The King's condition continues to be satisfactory.

"TREVES, LAKING, BARLOW."

An authoritative statement regarding the health of King Edward was published in to-day's issue of the British Medical Journal. It says:

"In view of the fact that minister stories continue to be manufactured and printed, it may be again stated as emphatically as possible that during the operation no trace of malignant disease was observed, that no suspicion of any kind has arisen since, and that the medical attendants are quite satisfied that His Majesty's constitution is thoroughly sound."

The British Medical Journal adds:

"The progress of the last week has been everything that could be desired. The wound, though still deep, is granulating well. During the last ten days the improvement in His Majesty's general health has been remarkably rapid. The King has regained his strength almost completely, and is able to take a restricted diet with a good appetite."

The Lancet also attests as "lies" the sensational rumors circulated and says:

"There is no fear and never has been of the faintest shadow or hint of a suspicion of malignant disease."

The Lancet specifically asserts that the King is free from cancer.

FAREWELL TO ARMY BLUE.

Khaki to Be the Characteristic Feature of Uniform in Future.

WASHINGTON, July 10.—The board of officers which has been considering the subject of uniforms for the army has completed its report. If its recommendations are adopted, khaki will be the characteristic of the future instead of blue. It has been found that the woolen cloth and far less conspicuous.

Help Wanted—Male.

Wanted—Young man; must understand the order of the day and have a good 1st class.

Wanted—Night watchman; must come well recommended and be able to take care of and

Walton & Co., 169 Nassau st., New York.

# PRACTICAL LESSONS IN THE ART OF SWIMMING FOR THE EVENING WORLD READERS BY DR. VOORHEES.

First of a Series of Lessons in Which All the Steps Will Be Described and Their Importance Explained.

In a series of six lessons, of which this is the first, Dr. J. J. Voorhees, of the Pratt Institute, will tell for Evening World readers how to learn to swim. The lessons are illustrated by photographs taken especially for The Evening World.

Dr. Voorhees, Prof. Sundstrom, instructor at the New York Athletic Club, and six young women assistants give free lessons in swimming in the swimming school at Battery Place, under the auspices of the Board of Education. The instruction given readers of The Evening World is on the system employed at the swimming school.

BY DR. J. J. VOORHEES.

There are six distinct steps to be acquired in learning the art of swimming as it is taught under the auspices of the Board of Education. We divide the course into land and water drill, and there are three lessons in each. Under this system the pupils must become thoroughly proficient in the swimming movements before they are allowed to try them in the water.

There are three divisions in this preliminary course, and it is important that they should be thoroughly learned. Some claim that practice of the movements out of the medium is of little value, but experience in the public baths here has taught us that the opposite is true.

The three movements in the land drill are the arm, leg and combination strokes, the last being the use of the arms and legs in unison as in swimming. After considerable work with these exercises, and not before, the pupil is allowed to enter the water and begin to use there the movements learned on land.

In the water the first lesson is with the stationary belt. The wide girth stretching across the pool supports the body while the movements of hands and arms and the position of the body are learned. After the pupil has acquired more confidence the stationary belt is dispensed with and he or she is



Introduced to the trolley. This is an individual but suspenseful overboard by rope. The sixth and final lesson is given in the water without a support of any kind.

LESSON I.

The arm movement constitutes the first lesson. It is first essential in learning this movement, that the hands should be kept flat with the palms downward, as this is an important assistant in supporting the body.

The elbows should be drawn nearly to the sides the forearm being at the same time brought to the front of the chest with the palms downward, the forefingers and thumbs nearly touching. The pupil should be taught to count "two" at this motion, as the following movement is the extension of the arms and it is more practicable for the count "one" to come in then; thus: "Two, one, two, three."

The movement called "one" consists in pushing the hands forward till the arms are fully extended in front of the body, the arms being kept at a level equal to about two inches below the surface of the water.

Then turn the palms of the hands slightly outward and use a coughing backward stroke until the hands and arms are at almost a right angle with the body. Then fold the arms back into the first position.

This is the whole of the arm movement. It can be thoroughly mastered only by constant practice.

Proper Breathing.

One of the essentials to easy swim-

ming is proper breathing, and this should be taught from the first. Beginners often hold the breath during a several strokes, and the result is that soon out of wind and exhausted. Breathing can be regular and as rapid as in other violent exercises, and this can be taught even with the land drill.

It is in reality quite easy to learn to swim, and the chief reason why in some cases it seems to take so much time and effort is that the pupil overestimates the difficulty. Confidence will do much toward rapid progress and the lack of it will keep back a pupil as nothing else will.

The next lesson will be devoted to the leg movement.

WERDANN DID HIS DUTY.

The Park Policeman Who Arrested "Jack the Creeper."

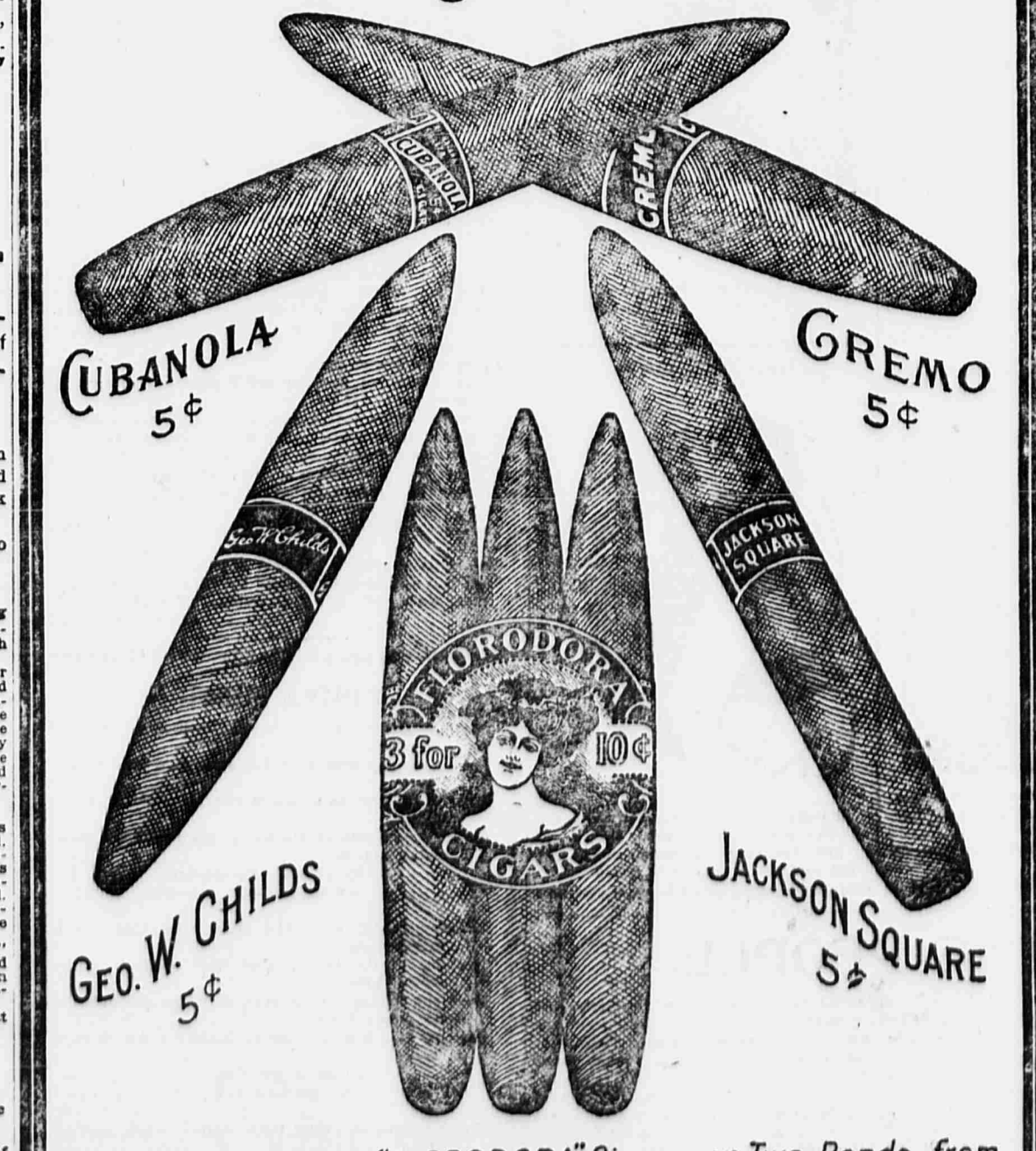
Park Policeman Werdann arrested Max Hadelberg Monday evening for creeping up behind a young couple in Central Park and frightening a young lady into convulsions. Magistrate Hogan fined Hadelberg \$10, after caustically arraigning him for his act. By a misplacement of the names in this story it was made to appear in yesterday's Evening World that Mr. Werdann was the offender and that he was fined by the Magistrate. This was a mistake, of course, and The Evening World regrets that it occurred. Policeman Werdann, whose record as an officer is faultless, had no other connection with the affair than simply the discharging of his duty, as stated in the opening sentence of this paragraph.

WERDANN DID HIS DUTY.

The Park Policeman Who Arrested "Jack the Creeper."

Park Policeman Werdann arrested Max Hadelberg Monday evening for creeping up behind a young couple in Central Park and frightening a young lady into convulsions. Magistrate Hogan fined Hadelberg \$10, after caustically arraigning him for his act. By a misplacement of the names in this story it was made to appear in yesterday's Evening World that Mr. Werdann was the offender and that he was fined by the Magistrate. This was a mistake, of course, and The Evening World regrets that it occurred. Policeman Werdann, whose record as an officer is faultless, had no other connection with the affair than simply the discharging of his duty, as stated in the opening sentence of this paragraph.

# The largest selling brands of Cigars in the world!



One Band from "FLORODORA" Cigars. or Two Bands from "CUBANOLA," "GREMO," "GEO. W. CHILDS" or "JACKSON SQUARE" Cigars are of same value as one "SWEET CAPORAL" CIGARETTE. BOX FRONT. REDEEMED AT 217 7th AVE. NEAR 23rd ST. NEW YORK.

# FOUGHT DUEL WITH CROW-BAR AND SLEDGE-HAMMER.

Participants in Remarkable Encounter Both on the Point of Death—Many Saw the Fight.

Two hundred persons in Middle Village, L. I., today, watched a furious duel to the death between two brawny giants, one of whom was armed with a heavy iron crowbar and the other with these terrible weapons the two men beat each other's faces almost to a jelly and they are both gasping their last in the German Hospital now, with skulls fractured and their features crushed out of all semblance to the human face.

John Schwartz, a broad-shouldered German, thirty-five years old, who lives at No. 1 Magnolia street, was the aggressor, and Peter Martin, a strapping Briton, four years younger, was only a moment behind him in the fight. He lived at No. 129 Forest avenue.

The struggle took place on the corner of Forest avenue and Magnolia street, within sight of the home of each man, and, when after half an hour a fighting fury dropped to the street, blood and torn and crushed, an hysterical woman beat over each and vainly tried to give him comfort.

Only two or three persons were on the corner when Schwartz strode up to Martin and dared him to fight. There had been bad blood between the two for many a week and the night had trembled for the time when they should finally come to blows.

Schwartz carried his crow-bar with

which he had started for work, while Martin had under his arm a heavy sledge-hammer. At the work each man raised his weapon and the battle was on. Crowbar parried sledge and sledge parried crowbar for a few moments, the heavy blows of the men sounding like a great clanging of bells. The people pulled out of the houses in the neighborhood and gathered about in great numbers, but not one dared to interfere.

The men in the throng quickly formed into two parties and cheered in alternation. To men fought for fully thirty minutes. Then, as if by a signal, the two suddenly dropped back—they had been rapidly growing weaker in the last few minutes and fell to the street.

Dr. Wineberger, of the German Hospital, took them together in one ambulance to the institution.

HELD FOR THEFT OF HAY.

Carpenter Arrested—Stitchney Estate Superintendent Complainant.

For the alleged theft of a handful of hay, William Petzke, a carpenter, of No. 223 Ninth street, Williamsbridge, was today held in \$500 bail in the Morrisania Court.

Andrew McDonald superintendent of the Stuckey estate in Williamsburg, was the complainant. He said that for some time hay had been stolen from the estate. Last night Petzke was arrested.

# Drunkards Easily Cured.

Mrs. Susan Clapper, of the W.C.T.U., Saved Her Hus and from a Drunkard's Grave.

A simple, tasteless and odorless remedy to be given in the coffee or food has cured thousands of the drink habit. Any one can give this remedy in their own home and the drunkard need never know of it. Mrs. Clapper was the wife of a drunkard. She used coffee, and this is what she says about it: "I thought my husband a hopeless drunkard. I prayed and wept until finally it seemed that your advertisement came into my hands. I gave D. M. D. in his coffee. The next day he came home and said, 'Susan, I don't know what has come over me. I hate the sight of beer and I am never going to drink it again.'"

Dr. J. V. Haines, 338 Glenn Bldg., Cincinnati, Ohio, will send a free trial package to all who write in order that they can see for themselves that it can be given secretly and that it will positively cure. Full-sized boxes of Golden Specific are for sale in New York at 25¢ each. Haines, 338 Glenn Bldg., and in Brooklyn by Benj. Rosenzweig, 624-626 Fulton st.

Railroads.

NEW YORK CENTRAL.

& HUDSON RIVER R. R.

THE FOUR-TRACK TRUNK LINE.

VIA NIAGARA FALLS.

Trains arrive and depart from Grand Central station, 42d Street, New York, as below:

Trains leave Grand Central station, except those leaving for Buffalo, at 12:00 P. M. and 12:30 P. M. and at 1:00 P. M. and 1:30 P. M. and at 2:00 P. M. and 2:30 P. M. and at 3:00 P. M. and 3:30 P. M. and at 4:00 P. M. and 4:30 P. M. and at 5:00 P. M. and 5:30 P. M. and at 6:00 P. M. and 6:30 P. M. and at 7:00 P. M. and 7:30 P. M. and at 8:00 P. M. and 8:30 P. M. and at 9:00 P. M. and 9:30 P. M. and at 10:00 P. M. and 10:30 P. M. and at 11:00 P. M. and 11:30 P. M. and at 12:00 A. M. and 12:30 A. M. and at 1:00 A. M. and 1:30 A. M. and at 2:00 A. M. and 2:30 A. M. and at 3:00 A. M. and 3:30 A. M. and at 4:00 A. M. and 4:30 A. M. and at 5:00 A. M. and 5:30 A. M. and at 6:00 A. M. and 6:30 A. M. and at 7:00 A. M. and 7:30 A. M. and at 8:00 A. M. and 8:30 A. M. and at 9:00 A. M. and 9:30 A. M. and at 10:00 A. M. and 10:30 A. M. and at 11:00 A. M. and 11:30 A. M. and at 12:00 P. M. and 12:30 P. M. and at 1:00 P. M. and 1:30 P. M. and at 2:00 P. M. and 2:30 P. M. and at 3:00 P. M. and 3:30 P. M. and at 4:00 P. M. and 4:30 P. M. and at 5:00 P. M. and 5:30 P. M. and at 6:00 P. M. and 6:30 P. M. and at 7:00 P. M. and 7:30 P. M. and at 8:00 P. M. and 8:30 P. M. and at 9:00 P. M. and 9:30 P. M. and at 10:00 P. M. and 10:30 P. M. and at 11:00 P. M. and 11:30 P. M. and at 12:00 A. M. and 12:30 A. M. and at 1:00 A. M. and 1:30 A. M. and at 2:00 A. M. and 2:30 A. M. and at 3:00 A. M. and 3:30 A. M. and at 4:00 A. M. and 4:30 A. M. and at 5:00 A. M. and 5:30 A. M. and at 6:00 A. M. and 6:30 A. M. and at 7:00 A. M. and 7:30 A. M. and at 8:00 A. M. and 8:30 A. M. and at 9:00 A. M. and 9:30 A. M. and at 10:00 A. M. and 10:30 A. M. and at 11:00 A. M. and 11:30 A. M. and at 12:00 P. M. and 12:30 P. M. and at 1:00 P. M. and 1:30 P. M. and at 2:00 P. M. and 2:30 P. M. and at 3:00 P. M. and 3:30 P. M. and at 4:00 P. M. and 4:30 P. M. and at 5:00 P. M. and 5:30 P. M. and at 6:00 P. M. and 6:30 P. M. and at 7:00 P. M. and 7:30 P. M. and at 8:00 P. M. and 8:30 P. M. and at 9:00 P. M. and 9:30 P. M. and at 10:00 P. M. and 10:30 P. M. and at 11:00 P. M. and 11:30 P. M. and at 12:00 A. M. and 12:30 A. M. and at 1:00 A. M. and 1:30 A. M. and at 2:00 A. M. and 2:30 A. M. and at 3:00 A. M. and 3:30 A. M. and at 4:00 A. M. and 4:30 A. M. and at 5:00 A. M. and 5:30 A. M. and at 6:00 A. M. and 6:30 A. M. and at 7:00 A. M. and 7:30 A. M. and at 8:00 A. M. and 8:30 A. M. and at 9:00 A. M. and 9:30 A. M. and at 10:00 A. M. and 10:30 A. M. and at 11:00 A. M. and 11:30 A. M. and at 12:00 P. M. and 12:30 P. M. and at 1:00 P. M. and 1:30 P. M. and at 2:00 P. M. and 2:30 P. M. and at 3:00 P. M. and 3:30 P. M. and at 4:00 P. M. and 4:30 P. M. and at 5:00 P. M. and 5:30 P. M. and at 6:00 P. M. and 6:30 P. M. and at 7:00 P. M. and 7:30 P. M. and at 8:00 P. M. and 8:30 P. M. and at 9:00 P. M. and 9:30 P. M. and at 10:00 P. M. and 10:30 P. M. and at 11:00 P. M. and 11:30 P. M. and at 12:00 A. M. and 12:30 A. M. and at 1:00 A. M. and 1:30 A. M. and at 2:00 A. M. and 2:30 A. M. and at 3:00 A. M. and 3:30 A. M. and at 4:00 A. M. and 4:30 A. M. and at 5:00 A. M. and 5:30 A. M. and at 6:00 A. M. and 6:30 A. M. and at 7:00 A. M. and 7:30 A. M. and at 8:00 A. M. and 8:30 A. M. and at 9:00 A. M. and 9:30 A. M. and at 10:00 A. M. and 10:30 A. M. and at 11:00 A. M. and 11:30 A. M. and at 12:00 P. M. and 12:30 P. M. and at 1:00 P. M. and 1:30 P. M. and at 2:00 P. M. and 2:30 P. M. and at 3:00 P. M. and 3:30 P. M. and at 4:00 P. M. and 4:30 P. M. and at 5:00 P. M. and 5:30 P. M. and at 6:00 P. M. and 6:30 P. M. and at 7:00 P. M. and 7:30 P. M. and at 8:00 P. M. and 8:30 P. M. and at 9:00 P. M. and 9:30 P. M. and at 10:00 P. M. and 10:30 P. M. and at 11:00 P. M. and 11:30 P. M. and at 12:00 A. M. and 12:30 A. M. and at 1:00 A. M. and 1:30 A. M. and at 2:00 A. M. and 2:30 A. M. and at 3:00 A. M. and 3:30 A. M. and at 4:00 A. M. and 4:30 A. M. and at 5:00 A. M. and 5:30 A. M. and at 6:00 A. M. and 6:30 A. M. and at 7:00 A. M. and 7:30 A. M. and at 8:00 A. M. and 8:30 A. M. and at 9:00 A. M. and 9:30 A. M. and at 10:00 A. M. and 10:30 A. M. and at 11:00 A. M. and 11:30 A. M. and at 12:00 P. M. and 12:30 P. M. and at 1:00 P. M. and 1:30 P. M. and at 2:00 P. M. and 2:30 P. M. and at 3:00 P. M. and 3:30 P. M. and at 4:00 P. M. and 4:30 P. M. and at 5:00 P. M. and 5:30 P. M. and at 6:00 P. M. and 6:30 P. M. and at 7:00 P. M. and 7:30 P. M. and at 8:00 P. M. and 8:30 P. M. and at 9:00 P. M. and 9:30 P. M. and at 10:00 P. M. and 10:30 P. M. and at 11:00 P. M. and 11:30 P. M. and at 12:00 A. M. and 12:30 A. M. and at 1:00 A. M. and 1:30 A. M. and at 2:00 A. M. and 2:30 A. M. and at 3:00 A. M. and 3:30 A. M. and at 4:00 A. M. and 4:30 A. M. and at 5:00 A. M. and 5:30 A. M. and at 6:00 A. M. and 6:30 A. M. and at 7:00 A. M. and 7:30 A. M. and at 8:00 A. M. and 8:30 A. M. and at 9:00 A. M. and 9:30 A. M. and at 10:00 A. M. and 10:30 A. M. and at 11:00 A. M. and 11:30 A. M. and at 12:00 P. M. and 12:30 P. M. and at 1:00 P. M. and 1:30 P. M. and at 2:00 P. M. and 2:30 P. M. and at 3:00 P. M. and 3:30 P. M. and at 4:00 P. M. and 4:30 P. M. and at 5:00 P. M. and 5:30 P. M. and at 6:00 P. M. and 6:30 P. M. and at 7:00 P. M. and 7:30 P. M. and at 8:00 P. M. and 8:30 P. M. and at 9:00 P. M. and 9:30 P. M. and at 10:00 P. M. and 10:30 P. M. and at 11:00 P. M. and 11:30 P. M. and at 12:00 A. M. and 12:30 A. M. and at 1:00 A. M. and 1:30 A. M. and at 2:00 A. M. and 2:30 A. M. and at 3:00 A. M. and 3:30 A. M. and at 4:00 A. M. and 4:30 A. M. and at 5:00 A. M. and 5:30 A. M. and at 6:00 A. M. and 6:30 A. M. and at 7:00 A. M. and 7:30 A. M. and at 8:00 A. M. and 8:30 A. M. and at 9:00 A. M. and 9:30 A. M. and at 10:00 A. M. and 10:30 A. M. and at 11:00 A. M. and 11:30 A. M. and at 12:00 P. M. and 12:30 P. M. and at 1:00 P. M. and 1:30 P. M. and at 2:00 P. M. and 2:30 P. M. and at 3:00 P. M. and 3:30 P. M. and at 4:00 P. M. and 4:30 P. M. and at 5:00 P. M. and 5:30 P. M. and at 6:00 P. M. and 6:30 P. M. and at 7:00 P. M. and 7:30 P. M. and at 8:00 P. M. and 8:30 P. M. and at 9:00 P. M. and 9:30 P. M. and at 10:00 P. M. and 10:30 P. M. and at 11:00 P. M. and 11:30 P. M. and at 12:00 A. M. and 12:30 A. M. and at 1:00 A. M. and 1:30 A. M. and at 2:00 A. M. and 2:30 A. M. and at 3:00 A. M. and 3:30 A. M. and at 4:00 A. M. and 4:30 A. M. and at 5:00 A. M. and 5:30 A. M. and at 6:00 A. M. and 6:30 A. M. and at 7:00 A. M. and 7:30 A. M. and at 8:00 A. M. and 8:30 A. M. and at 9:00 A. M. and 9:30 A. M. and at 10:00 A. M. and 10:30 A. M. and at 11:00 A. M. and 11:30 A. M. and at 12:00 P. M. and 12:30 P. M. and at 1:00 P. M. and 1:30 P. M. and at 2:00 P. M. and 2:30 P. M. and at 3:00 P. M. and 3:30 P. M. and at 4:00 P. M. and 4:30 P. M. and at 5:00 P. M. and 5:30 P. M. and at 6:00 P. M. and 6:30 P. M. and at 7:00 P. M. and 7:30 P. M. and at 8:00 P. M. and 8:30 P. M. and at 9:00 P. M. and 9:30 P. M. and at 10:00 P. M. and 10:30 P. M. and at 11:00 P. M. and 11:30 P. M. and at 12:00 A. M. and 12:30 A. M. and at 1:00 A. M. and 1:30 A. M. and at 2:00 A. M. and 2:30 A. M. and at 3:00 A. M. and 3:30 A. M. and at 4:00 A. M. and 4:30 A. M. and at 5:00 A. M. and 5:30 A. M. and at 6:00 A. M. and 6:30 A. M. and at 7:00 A. M. and 7:30 A. M. and at 8:00 A. M. and 8:30 A. M. and at 9:00 A. M. and 9:30 A. M. and at 10:00 A. M. and 10:30 A. M. and at 11:00 A. M. and 11:30 A. M. and at 12:00 P. M. and 12:30 P. M. and at 1:00 P. M. and 1:30 P. M. and at 2:00 P. M. and 2:30 P. M. and at 3:00 P. M. and 3:30 P. M. and at 4:00 P. M. and 4:30 P. M. and at 5:00 P. M. and 5:30 P. M. and at 6:00 P. M. and 6:30 P. M. and at 7:00 P. M. and 7:30 P. M. and at 8:00 P. M. and 8:30 P. M. and at 9:00 P. M. and 9:30 P. M. and at 10:00 P. M. and 10:30 P. M. and at 11:00 P. M. and 11:30 P. M. and at 12:00 A. M. and 12:30 A. M. and at 1:00 A. M. and 1:30 A. M. and at 2:00 A. M. and 2:30 A. M. and at 3:00 A. M. and 3:30 A. M. and at 4:00 A. M. and 4:30 A. M. and at 5:00 A. M. and 5:30 A. M. and at 6:00 A. M. and 6:30 A. M. and at 7:00 A. M